



**“Natural approach for individuals and families”**

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[Office Use Only] **Follow Up Form #**

**Date:** \_\_\_\_\_

1. Did you follow the remedy protocol provided by your homeopath diligently?
2. Did you feel any difference after taking the homeopathic remedy? If yes, when did you start noticing it's effect?
3. Do you feel any difference in your overall well-being since our last consultation? Please, describe in what way do you feel different.
4. How is your energy level since our last consultation?
5. Indicate any and all changes in your main complaints since our last consultation.
6. Describe any and all changes in regards to your anxieties/depression, fears, etc.
7. Describe any and all changes in regards to your physical complaints.
8. Since our last consultation did you experience any other unusual symptoms and/or unrelated to your initial complaints symptoms? Did you notice the manifestation of any old symptoms (e.g. symptoms you have had in the past that disappeared with or without the assistance of previous treatments)?
9. Please, provide any further comments in regards to your progress.