



## Homeopathy and Integrative Healthcare

### Consultation Agreement

#### Nature of Work Performed by Practitioner:

I understand that my practitioner evaluates my entire condition based on a holistic, homeopathic approach, and seeks to assist me to stimulate my body's own healing mechanisms with the use of substances prepared according to the guidelines of the Homeopathic Pharmacopeia of U.S. And E.U and the standards set by the Natural Health Products Directorate (NPHD) of the Health Products and Food Branch of Health Canada. I understand that my practitioner may also discuss with me the use of other integrative therapeutics to improve my health, and that these are within her scope of practice to the extent that she incorporates them. I agree that I am interested in enhancing my own abilities to establish health in mind and body.

#### Training and Credentials of Practitioner:

I have reviewed the training and credentials of the practitioners listed below. I understand that my practitioner is not a medical doctor, has not presented herself as such, and does not seek to diagnose, treat, or prescribe for disease, disorder or other pathological conditions, and that she provides health consultation services under the Codes of Conduct & Practice of Homeopathy.

#### Zara Bourgeois, B.Sc., DIHom (pract.):

Zara attended Sofia University where she received a Bachelor of Science degree in 2002. She completed a 4-year diploma program at the British Institute of Homeopathy, Canada and received Chartered Herbalist Diploma from the Dominion Herbal College, British Columbia. Zara is working towards full certification with the Council for Homeopathic Certification.

#### Professional Conduct and Consultation:

Practitioner agrees to honor confidentiality and assures professional conduct. Client grants permission for my practitioner to discuss details of my health in conferral with colleagues and other practitioners with whom client consults without additional confidentiality waiver. This agreement becomes part of client's case records. Client grants permission for my practitioner to release and share my file for educational purposes as well as publication. The practitioner agrees to maintain complete confidentiality by removing personal information from the file before release. Client agrees to consult a licensed physician for any medical concern that now exists or arises at any time during the term of this agreement, and to inform my practitioner of my physician's assessment in so far as it applies to my work with her. In case of emergency call 911 immediately.

#### Cost of Consultation:

I have reviewed the fee statement below. I agree to pay these fees as per the terms of the agreement, by cash, cheque, email transfer, Paypal, or credit card to House of Health Homeopathy & Integrative Healthcare. I agree to the office policies and charges as described in the fee statement.

**Email:** Clients can email Zara at [zara@houseofhealthcanada.com](mailto:zara@houseofhealthcanada.com) for scheduling, questions and other non-urgent topic. Calls are generally answered each day, emails are answered as time allows, which can be delayed during times of travel or high volume of email. If there is any concern that requires prompt response, or you have not gotten a reply from an email in the time frame you require, please call.

**Off-Site Consultation:** Clients who live outside of the Edmonton area can schedule consultation by telephone or web audio-video conference using Skype.

Client Signature and Date: \_\_\_\_\_

Practitioner Signature and Date: \_\_\_\_\_

**House of Health Homeopathy & Integrative Healthcare**

[www.houseofhealthcanada.com](http://www.houseofhealthcanada.com)

Zara Bourgeois, B.Sc, DIHom(pract.)

tel: 780-341-4211

## **Fees and Policies For Consultation**

### **Consultation Fees:**

#### ***Initial consultation – Adults \$275***

Initial case taking for new clients. Review of client case intake form, oral interview, review of biological/lab tests and other case-related documents, repertorization and detailed case analysis.

The initial consultation usually takes 2-2.5 hours and takes place in person, via Skype video conferencing or by telephone.

#### ***Monthly Follow-ups – \$150***

Monthly follow-ups during the first three to six months of your treatment are essential to ensure close monitoring of your progress. The follow-up consults usually take 30 to 60 min.

#### ***Acute consultation - \$75***

Acute consultations are available seven days a week for short-term non-life threatening illnesses such as: fever, diarrhoea, nausea, vomiting, cold, flu, sore throat, cough, earache, teething, etc.

It is highly recommended that clients have a remedy kit in the household as in acute cases time is of the essence.

**Homeopathic medicines and supplements:** Homeopathic medicines and any additional supplements (e.g. herbs, gemmotherapy tinctures, cell salts, flower essences) will be charged separately. Every case is strictly individual and may require between 1 to 3-4 different remedies and supplements at a given time.

#### **General Policies Regarding Fees, Payment, Scheduling and Shipping:**

**Payment:** The client is responsible for payment of all fees at the time of service or receipt of invoice. Payment may be made with cash, cheque (payable to: House of Health), e-mail transfer (Canada only) or PayPal (credit card payment is available through PayPal). A \$40 fee will be charged for any cheque returned to the office unpaid. Charges for chronic care follow-up consultations are made at the beginning of each month through PayPal, for that month. Charges apply if communication takes place during the month even if a formal follow-up consultation does not take place. Clients are free to discontinue treatment at any time without penalty.

**Insurance:** Clients are encouraged to investigate their healthcare plan as it may allow coverage for natural therapies and homeopathic care/medicines.

**Cancellations:** If it is necessary to cancel and/or reschedule an appointment, notification must be made at least 24 hours in advance. Missed or late cancellation appointments will result in a 50% fee of the cost of your session.

**Email:** Clients can email Zara at [zara@houseofhealthcanada.com](mailto:zara@houseofhealthcanada.com) for scheduling, questions and other non-urgent topic. Calls are generally answered each day, emails are answered as time allows, which can be delayed during times of travel or high volume of email.

**Off-Site Consultation:** Out of province and U.S. clients can schedule consultation by telephone or web audio-video conference using Skype.

Note: Homeopathic consultations are not a substitute for medical care. For emergencies and need of conventional medical care, consult your family physician or call 911.

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